

Jo Lucas Kastanja Consulting

Specialisms.

Service user empowerment	Management support Consultancy	Evaluation Research and report writing
Facilitation of groups meetings and events	Change management Strategic planning	Project design
Team development	Capacity Building	Writing tenders and proposals
Action learning	Organisational development	Project management
Supervision and mentoring		
Training		

Work undertaken outside the voluntary sector.

Project management, social work education, teaching and training, research and evaluation.

Geographical area covered.

I am happy to work anywhere in the UK though predominantly I work in London, the Midlands and the South East.

I also have substantial experience of working in the countries of Central and Eastern Europe.

Work experience.

I have over 20 years experience in the voluntary sector. For the last 6 years I have been a consultant in and to the sector working for local national and international organisations. Previously I was the Chief Exec of a small voluntary organisation for 6 years, doubling the turnover and staffing and widening the scope of activity in that time. I have also worked for local, regional and national voluntary organisations in project development and capacity building roles at senior management level.

Organisations I have worked with include;

Changing Minds

EveryChild

BEARR Trust

Health Prom

Peter Bedford Housing Association

Sainsbury Centre for Mental Health

Mental Health Europe

European Patients Forum

Action for Blind People

Centre For Excellence in

Interdisciplinary Mental Health

University of Birmingham

*Centre for Health and Social Care
Research*

Sheffield Hallam University

British Council

Mind

Qualifications.

BSc Hons Psychology and Sociology MSc Social Work and Social Policy
CQSW Research Diploma in Social Policy. Fellow School for Social Entrepreneurs
Introduction to Integrative Psychotherapy
Numerous short courses on Training for trainers, Facilitation, Management development, Counselling skills, Supervision , Assertiveness, Action Learning.