

Lyn Carruthers
Consultant, Trainer, Development and Facilitation Work

Specialisms:

Work with people new to management

Assertiveness and personal development

Individual non-managerial supervision, mentoring, coaching

Project Development/ management

Supervision, staff support, appraisal

User/ client involvement

Leadership

Recent Examples:

Skills for Management - 7 day course

Women into Management Course – 5 days

Assertiveness and Confidence Building course – 1 day

For individuals working in the vol/com sector

Project Management – 1 day course

Taylor made Management Training for workers and management committees working in the vol/com sector, including supervision, appraisals, managing performance and conduct, managing conflict, assertiveness and confidence building, project management, professional boundaries

How Your City Works - 6, sessions

How Your Neighbourhood Works – 4 sessions

Leadership: Making Choices in Pursuit of Personal Goals – ten week course

Women In Front: Introduction to leadership for women in the community – eight week course

Geographical area covered:

Based in Sheffield, working particularly in South Yorkshire, although occasionally I do work outside this area.

Work Experience:

Over the last 26 years I have been employed in Community Development work. I have experience of working with a wide range of people from many different backgrounds and communities. I have worked for both the large (NSPCC) and small national voluntary sector (The National Homeworking Unit), as well as small local charities. I also have experience of working for the statutory sector.

I have initiated, fund raised for, set up and managed Projects including being a team manager for a regional community and family support team. I have researched and developed Projects as well as being a trainer and facilitator in education and training projects. I have had my work published and produced by various agencies and organisations. I have worked freelance for the last ten years. Over the years I have been an active volunteer working with young people, women, and have engaged in activities that encourage and support adults to increase the opportunities they have access to.

Publications:

Baldwin, N and Carruthers, L (1998) *Developing Neighbourhood Support and Child Protection Strategies - The Henley Safe Children Project*, Ashgate Publishing Ltd: Aldershot

Qualifications:

FENTO endorsed Post Graduate Certificate in Education (Adults) University of Huddersfield 2004
M.A. in Inter-Disciplinary Women's Studies Warwick University 1994

B.A. (Hons) in Development Studies University of East Anglia 1981

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